



Peace River High School

peacehigh@prsd.ca

10001 91 Ave
Peace River,
AB
T8S 1Z5



November Calendar of Events

November 11 - Remembrance Day/No School
November 13 - Mid Term Report Cards Mailed
November 23 - PD Day/No School
November 25 - Parent Teacher Conferences



November 3, 2020

Peace River School Division (PRSD) has decided to cancel the administration of grade six and nine provincial achievement tests (PATs) for the 2020-2021 school year due to the disruption in classes caused by the COVID-19 pandemic.

Please visit our website for the full media release

Inclement Weather

We love school, but the safety of our students is our number one priority. If severe weather arises, we may need to cancel school buses. Note that schools will remain open, even if all buses are cancelled.



To learn more view Administrative Procedure 133 at prsd.ab.ca

CANCELLATION COMMUNICATION

If the school bus is cancelled, school bus drivers will attempt to contact parents and notifications will be announced on the radio and posted on PRSD's School Bus Planner webpage before 7:00 am when possible.

Peace River School Division
Learning Together - Success for All

-40 School buses **WILL NOT** operate when the morning temperature at 6:00 am is - 40 C without the wind chill or lower OR -48 C with the wind chill or lower

SEVERE STORMS
Buses may not run during severe storm, drifting snow or wind chill conditions



FOGGY CONDITIONS

The bus may not be able to stop on the highway or busy side roads in severe fog conditions.

EARLY DISMISSAL

Sometimes a storm can start during the school day and buses may be called to take students home early OR school buses may be cancelled.

Congratulations

On Tuesday the following staff at Peace River High School were celebrated for their service to the division in a special ceremony with Superintendent Paul Bennett and PRHS staff:

Jhenelle Galve – 5 years of service
Tianna Rebalkin – 5 years of service
Stacy-Ann Reimer – 5 years of service
Ann Dearing – 5 years of service
Angela Charles – 5 years of service
Sroka Bozena – 5 years of service
Janice Holmstrom – 10 years of service
Lynne Blakley – 10 years of service
Darlene Tremblay – 15 years of service
Laynee Robert – 15 years of service
Norbert Pinard – 30 years of service and retiree
David Lawrence – 40 years of service and retiree
Cheryl Jones – School Bus Driver retiree
Pauline Gunning – School Bus Driver retiree



Just a reminder that the doors at Peace High open at 8am in the morning and the school is generally closed at 4:30.



Thank you for your service and dedication to student learning, success and well-being, you are all important members of the PRSD family.

Parents Matter TO US!

Parents Matter Appreciation Week

November 16 - 20, 2020

Celebrating parents and guardians for all they do.



In order to most effectively support students in their learning and monitor their attendance in class and in Home learning, we have the following guidelines for families:

1. When a student is home with symptoms, medical appointments, personal family reasons and/or sick, please contact the office and students will be marked as excused for the duration of their illness or medical treatment. For any symptoms please refer to the COVID-19 checklists for directions and guidance from Alberta Health Services. Attendance in Google meet for their classes is accessible, but

not required at this time.

2. When a student has been directed by Alberta Health Services and/or family to self-isolate for a period of time, they are expected to sign in and attend virtually to Google Meet for their classes following their regular time schedule. Students who do not sign in will be marked absent unless the office is notified by their parent/guardian. Some courses, such as Physical Education, Industrial Arts and other options may be marked as excused during the isolation period. If your student is self isolating, please make sure they contact their teacher by email as well as have the parent/guardian contact the office directly.

3. Students enrolled in Home Learning for this semester are expected to sign in and attend virtually to Google Meet for their classes following their regular time schedule. Students who do not sign in will be marked absent unless the office is notified by their parent/guardian.

We are all working together to maintain education and learning opportunities for all of our students during this uncertain time. We appreciate your patience, support and feedback as we work towards the most effective strategies in our school community. We hope that this may help to answer some of the questions that have come up to start the school year. If there are any further questions or concerns please contact the school.



Website:

www.peaceriverhigh.ca



Contact:

780-624-4221



Email:

Peacehigh@prsd.ab.ca





Volleyball News

Congratulations to the Senior Boys in in some good volleyball games on Thursday night against Ecole Heritage

Junior Girls won their game against EQV at TA Norris on Wednesday



Basketball In Coming!



- Exhibition practices for both boys and girls will be Mondays 6-8 pm and Thursdays from 8-10 pm for the month of November. If you have not signed up yet please talk to Mr. Owens ASAP
 - Parents must attend with students on Monday in order to sign the COVID forms before practice starts. After signing, parents can leave and return for pickup at 8 pm.
- Junior High basketball will begin the week of November 23. More info will be available next week.





A Note on SUCCESS



Students have SUCCESS classes that run from 10:12-10:59 each day. Each day has different options available.

Mondays are mandatory for all students to attend their homeroom teachers class for either Health 9, Learning Strategies, or Grade 12 preparation courses.

Tuesday through Thursday, different options might be available to the students for tutoring or catch up, or their teachers might 'lock' them in for a mandatory class or for extra help. For those students that are all caught up, open rooms are available (sometimes even the gym!).

However, it is not a spare block. Students are expected to sign in to a room or will be marked unexcused absent. This will mean an automated phone call at the end of the day unless the parent has called to excuse.

2020/2021 School Registrations Due



Peace River School Division has introduced our new Online Registration System. We do require a registration form completed every year for each student. This allows us to update information, confirm enrollment and comply with Alberta Education requirements. For returning students, Guardians are emailed a link with a 'snap code' for their students. By following the link, you are able to review the information in our system and make any changes. Please watch your email for this important link. If you have not received your 'snap code' email. Please contact the school.

Peace River School Division will be going to an online payment system to purchase school items and pay any fees or hot lunch cards. We will no longer be accepting cash or cheques from parents/students. You can pay online by using school cash. It's easy and simple to sign up for. Sign up at www.przd.schoolcashonline.com. Look further down in this newsletter for information on how to sign up.



Website:
www.peaceriverhigh.ca








Contact:
780-624-4221



Email:
Peacehigh@prsd.ab.ca

Hot Lunch at Peace High

Monday	Kita North 	Low Mein Noodles (Veggie), Chicken Fried Rice, Chicken balls OR California Rolls
Tuesday	Baptist Church 	Check Announcements or at the office for availability. Not running at this time
Wednesday	Subway 	6 inch sub and a cookie (veggie, ham, turkey or pizza) add your own sauce and veggies
Thursday	Matt's Pizza 	Cheese, Hawaiian and Pepperoni/Bacon
Friday	TBA 	Check Announcements

Hot lunch available for \$5

**Lunch cards can be purchased on SchoolCash online or debit/tap
as payment options**

<https://prsd.schoolcashonline.com/>

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten to Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, child care or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

Screening Questions

1. Has the child:

(Choose any/all possible exposures)

Traveled outside Canada in the last 14 days? When entering or returning to Alberta from outside Canada, individuals are legally required to quarantine for 14 days unless enrolled in the Alberta COVID-19 International Border Pilot Project	YES	NO
Had close contact with a case of COVID-19 in the last 14 days? Face-to-face contact within 2 metres for 15 minutes or longer, or direct physical contact such as hugging	YES	NO
If the child answered "YES" to any of the above: <ul style="list-style-type: none"> The child is required to quarantine for 14 days from the last day of exposure. <ul style="list-style-type: none"> If the child is participating in the Alberta COVID-19 International Border Pilot Project, they must comply with the program restrictions at all times. If the child develops any symptoms, use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. 		
If the child answered "NO" to both of the above: <ul style="list-style-type: none"> Proceed to question 2. 		

2. Does the child have any new onset (or worsening) of the following core symptoms:

Fever Temperature of 38 degrees Celsius or higher	YES	NO
Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
Shortness of breath Continuous, out of breath, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
If the child answered "YES" to any symptom in question 2: <ul style="list-style-type: none"> The child is to isolate for 10 days from onset of symptoms. Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. 		
If the child answered "NO" to all of the symptoms in question 2: <ul style="list-style-type: none"> Proceed to question 3. 		

3. Does the child have any new onset (or worsening) of the following other symptoms:

Chills Without fever, not related to being outside in cold weather	YES	NO
Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
Unexplained loss of appetite Not related to other known causes or conditions, such as anxiety or medication	YES	NO
Muscle/joint aches Not related to other known causes or conditions, such as arthritis or injury	YES	NO
Headache Not related to other known causes or conditions, such as tension-type headaches or chronic migraines	YES	NO
Conjunctivitis (commonly known as pink eye)	YES	NO
<p>If the child answered “YES” to ONE symptom in question 3:</p> <ul style="list-style-type: none"> Keep your child home and monitor for 24 hours. If their symptom is improving after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary. If the symptom does not improve or worsens after 24 hours (or if additional symptoms emerge), use the AHS Online Assessment Tool or call Health Link 811 to check if testing is recommended. <p>If the child answered “YES” to TWO OR MORE symptoms in question 3:</p> <ul style="list-style-type: none"> Keep your child home. Use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started. <p>If the child answered “NO” to all questions:</p> <ul style="list-style-type: none"> Your child may attend school, child care and/or other activities. 		

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started/until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

Overview

This tool was developed to support schools, activity organizers, employers, businesses and facility operators in reducing the risk of transmission of COVID-19 among attendees/staff. The tool is meant to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should complete this checklist prior to participating in the activity or program.

If an individual answers **YES** to any of the questions, they **must not** be allowed to attend or participate in the activity or program. *Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days per [CMOH Order 05-2020](#) **OR** receive a negative COVID-19 test and feel better before returning to activities.

Use the [AHS Online Assessment Tool](#) to determine if testing is recommended and follow information on [isolation requirements](#).

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

Screening Questions

1.	Does the attendee have any new onset (or worsening) of any of the following symptoms:	CIRCLE ONE	
		YES	NO
	• <i>Fever*</i>	YES	NO
	• <i>Cough*</i>	YES	NO
	• <i>Shortness of breath / difficulty breathing*</i>	YES	NO
	• <i>Runny nose*</i>	YES	NO
	• <i>Sore throat*</i>	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Has the attendee travelled outside Canada in the last 14 days? (Individuals are legally required to quarantine for 14 days when entering or returning to Alberta from outside Canada unless exempted by the Alberta COVID-19 Border Testing Pilot Program.)	YES	NO
3.	Has the attendee had close contact ¹ with a case of COVID-19 in the last 14 days?	YES	NO

¹ Face-to-face contact within 2 metres. A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.



Superintendent's Message Parental Involvement

We know that children experience higher levels of success when their parents are involved in their school and education. Now, more than ever with the Covid-19 pandemic, parental involvement looks different for every family and is based on many factors.

Although the types of opportunities for involvement may look different - one thing that stays the same is the importance of communication. Staying connected with your child's school experience is important and equally important is that your child see, feel, and know through both action and conversation that you are keeping connected. Whether that means attending parent-teacher conferences, helping with homework, emails with staff, reviewing school correspondence or following the school website and social media - being involved demonstrates to your child that you care.

I would like to take a moment to thank and commend our parents for their extraordinary efforts as in-person classes were cancelled in March. The way our families have rallied together to support learning at home, to provide child-care, and to support one another is absolutely incredible. The COVID-19 pandemic has shown us what we can accomplish when we work together and our families deserve to be commended for their tireless efforts to support students learning at home. The pandemic has certainly caused a variety of stressors to our lives and for our parents who are already juggling many roles and responsibilities - thank you. I recognize and appreciate the time, sacrifice, coordination and effort you have and are all making.

In the next few weeks, schools will be hosting their first School Council meetings of the year. The meetings run once per month and it is a great way to stay connected and have a voice in education. Please check with your local school to learn more about School Council and how School Council will operate this school year.

Your involvement makes a difference and we truly appreciate the important work you do. We believe that PARENTS MATTER and that is why Peace River School Division declared a week to celebrate the important contributions of our parents. Please mark your calendars for November 16-20, 2020 and join in the celebration of parental involvement at your child's school during PRSD's "PARENTS MATTER Appreciation Week."

Wishing you a wonderful school year and thanking you in advance for your involvement and support.

Paul Bennett,
PRSD Superintendent of Schools





Spotlight on Health and Safety

Safety message – PRSD safety protocols and communication

Online Safety

The internet is an integral part of our lives. It provides us with information, entertainment, and various ways to communicate and socialize. It can be used to research school reports, communicate with teachers, peers and play interactive games.

While this creates great opportunities for society, online access comes with risks such as inappropriate content, cyberbullying and online predators.

Both at school and at home, it is essential that we educate ourselves and our children about being safe online. The internet has become a part of our day-to-day lives and to keep our children safe, it is important that we have conversations about online safety and model and encourage safe online practices.

For more information regarding safe online practices, check out the following links:

<http://www.humanservices.alberta.ca/InternetSafety/internetsavvy.html#module1-0>

<http://www.rcmp-grc.gc.ca/is-si/index-eng.htm>

https://www.cybertip.ca/app/en/internet_safety

<https://canadasafetycouncil.org/child-safety/online-safety-rules-kids>

Joint Worksite Health & Safety Committee

