



PEACE RIVER HIGH
SCHOOL
PEACEHIGH@PRSD.AB.CA

10001 91 AVENUE
PEACE RIVER, AB
T8S 1Z5
(780) 624-4221



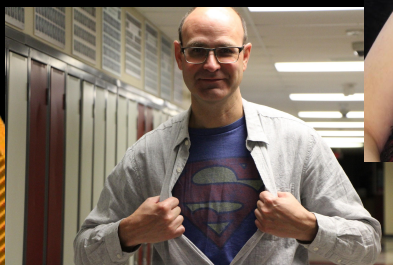
NOVEMBER 11 – REMEMBRANCE DAY/NO SCHOOL
NOVEMBER 13– MID TERM MARKS RELEASED
NOVEMBER 25 – PARENT TEACHER CONFERENCES



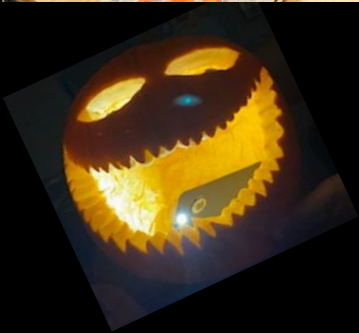
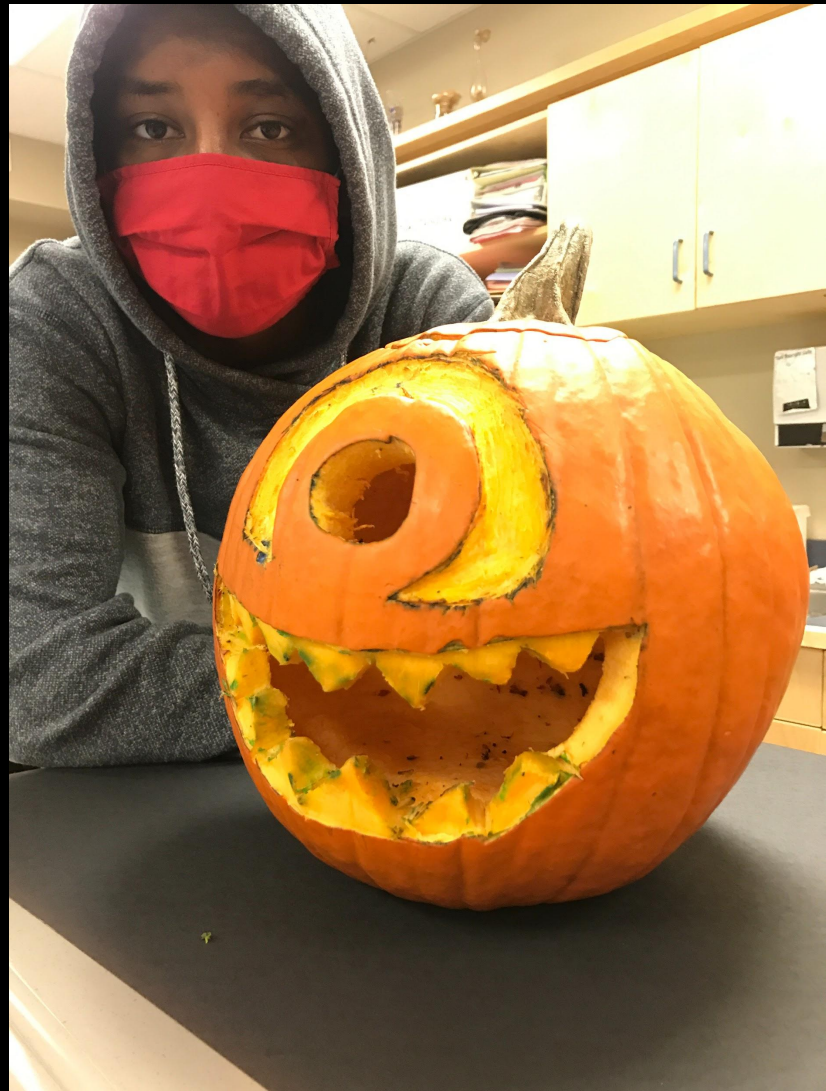
POWERSCHOOL HAS A PARENT AND STUDENT PORTAL AVAILABLE THAT ALLOWS STUDENTS AND THEIR GUARDIANS TO SIGN UP TO VIEW UPDATED MARKS, ASSIGNMENTS AND ATTENDANCE. YOU CAN ACCESS THIS PORTAL THROUGH THE PEACE RIVER HIGH SCHOOL WEBSITE WWW.PEACERIVERHIGH.CA. GUARDIANS NEW TO POWERSCHOOL WILL NEED A WEB ID LETTER WITH A SIGN IN CODE FOR THEIR STUDENTS. PLEASE CONTACT OUR OFFICE BY PHONE OR EMAIL AND WE WILL EMAIL YOU YOUR LETTER. ONCE YOU HAVE YOUR ACCOUNT SET UP, YOU CAN EVEN DOWNLOAD A CONVENIENT APP FOR YOUR PHONE!



Spooky Sightings at Peace River FRIGHT School



**Mr. White's Food Class and Mrs. Plaizier's Art Class
spent some time carving pumpkins, thanks to the
organizers of the Community Halloween Fest. Awesome
Creativity!**



*Congratulations to Mr. Owens and the students in his
Wednesday SUCCESS class for winning the school wide
Halloween Themed Kahoot! Enjoy that pizza party prize!*



A Note on SUCCESS



Students have SUCCESS classes that run from 10:12-10:59 each day. Each day has different options available.

Mondays are mandatory for all students to attend their homeroom teachers class for either Health 9, Learning Strategies, or Grade 12 preparation courses.

Tuesday through Thursday, different options might be available to the students for tutoring or catch up, or their teachers might 'lock' them in for a mandatory class or for extra help. For those students that are all caught up, open rooms are available (sometimes even the gym!).

However, it is not a spare block. Students are expected to sign in to a room or will be marked unexcused absent. This will mean an automated phone call at the end of the day unless the parent has called to excuse.

2020/2021 School Registrations Due



Peace River School Division has introduced our new Online Registration System. We do require a registration form completed every year for each student. This allows us to update information, confirm enrollment and comply with Alberta Education requirements. For returning students, Guardians are emailed a link with a 'snap code' for their students. By following the link, you are able to review the information in our system and make any changes. Please watch your email for this important link. If you have not received your 'snap code' email. Please contact the school.

Peace River School Division will be going to an online payment system to purchase school items and pay any fees or hot lunch cards. We will no longer be accepting cash or cheques from parents/students. You can pay online by using school cash. It's easy and simple to sign up for. Sign up at www.przd.schoolcashonline.com. Look further down in this newsletter for information on how to sign up.



Website:
www.peaceriverhigh.ca



Contact:
780-624-4221



Email:
Peacehigh@prsd.ab.ca



Volleyball News

Congratulations to the Senior Boys in their win over the Heritage boys Thursday here at Peace High

All the other Volleyball teams had a hard week of practice, with more games to come next week!



Football Update

Congratulations to the Pioneers Football team in a great game last Thursday against the St. Joes Celtics in Grande Prairie



Community Opportunities



TWEEN TAKEOVER!

Calling all Tweens to takeover the NPGC!

Come FLIP & learn new TRICKS!

Oct. 27 from 6:45 pm - 8:00 pm / \$10 / Ages 11+ yr olds

Pre-Register by calling 780-624-5087

Waivers & Payment required in advance

Minimum of 6 gymnasts to run. Maximum of 10 gymnasts



REGISTRATION is OPEN



PRVC is now Accepting Registration for the following:

WOMEN'S LEVELS

13U, 14U, 15U, 16U, 17U, 17/18U

MEN'S LEVELS

15U, 16U, 17/18U

Interested Applicants

can register via email:

admin@prvcvolleyball.com

Please include in email:

DOB

Female/Male

email address

Phone Numbers

And include LEVEL

NO PAYMENT DUE AT THIS TIME

TRYOUTS IF NECESSARY:

Saturday, December 5, 2020
TIMES: TBA

All players **MUST** register with the club by **OCTOBER 28, 2020**
DUE TO COVID THERE WILL BE LIMITED SPACES

Ground Level Youth Centre

October 2020








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				01 Art workshop Wisdom seekers- MMIW 4:00-6:00 At mini golf course	02 Get Fit River walk 5:00-6:00 At mini golf course	03 CLOSED
04 CLOSED	05 Dazed and Confused Homework Club Art workshop Wisdom seekers-Tipi Making 4:00-6:00	06 Adulting 101 Safety squad 4:30- 5:30	07 Filling Our Tipi's 4:00-5:30	08 Cultural teachings 4:00-5:00 Cover to Cover 5 :30-6:30	09 Myth Busters 4:30-5:30 LEAD 6:00-6:30	10 CLOSED
11 CLOSED	12 CLOSED For Thanksgiving	13 Employment program 4:30-5:30	14 Filling Our Tipi's 4:30-5:30 My Body and Me 6:00-6:30	15 Yoga and Thoughtful Thursday 4:30-5:30	16 Top Chef 4:00-5:30 Get Fit 5:30-6:30	17 CLOSED
18 CLOSED	19 Dazed and Confused Homework Club LEAD 4:00-5:00	20 Employment Program 4:30-5:30	21 Safety squad 4:30- 5:30 Filling Our Tipi's 5:45- 6: 15	22 Cultural teachings 4:30-5:30	23 Game Night 4:00-6:30	24 CLOSED
25 CLOSED	26 Art workshop Wisdom seekers- Rock painting 4:00-6:00	27 Natural World Teachings 4:00-6:00	28 Filling Our Tipi's 4:00-5:30	29 Yoga and Thoughtful Thursday 4:30-5:30	30 Halloween Party 4:00-6:30	31 CLOSED

HOURS: Monday — Friday: 3:30pm –7:00pm 9718 94th Avenue – Peace River 780-624-2162

Just a reminder that Peace River School Division is NOT accepting any bus notes at this time as part of their School Re-entry Protocol



Hot Lunch at Peace High

Monday	Kita North 	Low Mein Noodles (Veggie), Chicken Fried Rice, Chicken balls OR California Rolls
Tuesday	Baptist Church 	Check Announcements or at the office for availability. Not running at this time
Wednesday	Subway 	6 inch sub and a cookie (veggie, ham, turkey or pizza) add your own sauce and veggies
Thursday	Matt's Pizza 	Cheese, Hawaiian and Pepperoni/Bacon
Friday	TBA 	Check Announcements

Hot lunch available for \$5

**Lunch cards can be purchased on SchoolCash online or debit/tap
as payment options**

<https://prsd.schoolcashonline.com/>

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten to Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, child care or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

Screening Questions

1. Has the child:

(Choose any/all possible exposures)

Traveled outside Canada in the last 14 days? When entering or returning to Alberta from outside Canada, individuals are legally required to quarantine for 14 days unless enrolled in the Alberta COVID-19 International Border Pilot Project	YES	NO
Had close contact with a case of COVID-19 in the last 14 days? Face-to-face contact within 2 metres for 15 minutes or longer, or direct physical contact such as hugging	YES	NO
If the child answered "YES" to any of the above: <ul style="list-style-type: none"> The child is required to quarantine for 14 days from the last day of exposure. <ul style="list-style-type: none"> If the child is participating in the Alberta COVID-19 International Border Pilot Project, they must comply with the program restrictions at all times. If the child develops any symptoms, use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. 		
If the child answered "NO" to both of the above: <ul style="list-style-type: none"> Proceed to question 2. 		

2. Does the child have any new onset (or worsening) of the following core symptoms:

Fever Temperature of 38 degrees Celsius or higher	YES	NO
Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
Shortness of breath Continuous, out of breath, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
If the child answered "YES" to any symptom in question 2: <ul style="list-style-type: none"> The child is to isolate for 10 days from onset of symptoms. Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. 		
If the child answered "NO" to all of the symptoms in question 2: <ul style="list-style-type: none"> Proceed to question 3. 		

3. Does the child have any new onset (or worsening) of the following other symptoms:

Chills Without fever, not related to being outside in cold weather	YES	NO
Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
Unexplained loss of appetite Not related to other known causes or conditions, such as anxiety or medication	YES	NO
Muscle/joint aches Not related to other known causes or conditions, such as arthritis or injury	YES	NO
Headache Not related to other known causes or conditions, such as tension-type headaches or chronic migraines	YES	NO
Conjunctivitis (commonly known as pink eye)	YES	NO
<p>If the child answered “YES” to ONE symptom in question 3:</p> <ul style="list-style-type: none"> Keep your child home and monitor for 24 hours. If their symptom is improving after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary. If the symptom does not improve or worsens after 24 hours (or if additional symptoms emerge), use the AHS Online Assessment Tool or call Health Link 811 to check if testing is recommended. <p>If the child answered “YES” to TWO OR MORE symptoms in question 3:</p> <ul style="list-style-type: none"> Keep your child home. Use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started. <p>If the child answered “NO” to all questions:</p> <ul style="list-style-type: none"> Your child may attend school, child care and/or other activities. 		

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started/until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

Overview

This tool was developed to support schools, activity organizers, employers, businesses and facility operators in reducing the risk of transmission of COVID-19 among attendees/staff. The tool is meant to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should complete this checklist prior to participating in the activity or program.

If an individual answers **YES** to any of the questions, they **must not** be allowed to attend or participate in the activity or program. *Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days per [CMOH Order 05-2020](#) **OR** receive a negative COVID-19 test and feel better before returning to activities.

Use the [AHS Online Assessment Tool](#) to determine if testing is recommended and follow information on [isolation requirements](#).

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

Screening Questions

1.	Does the attendee have any new onset (or worsening) of any of the following symptoms:	CIRCLE ONE	
		YES	NO
	• <i>Fever*</i>	YES	NO
	• <i>Cough*</i>	YES	NO
	• <i>Shortness of breath / difficulty breathing*</i>	YES	NO
	• <i>Runny nose*</i>	YES	NO
	• <i>Sore throat*</i>	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Has the attendee travelled outside Canada in the last 14 days? (Individuals are legally required to quarantine for 14 days when entering or returning to Alberta from outside Canada unless exempted by the Alberta COVID-19 Border Testing Pilot Program.)	YES	NO
3.	Has the attendee had close contact ¹ with a case of COVID-19 in the last 14 days?	YES	NO

¹ Face-to-face contact within 2 metres. A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.



Superintendent's Message Parental Involvement

We know that children experience higher levels of success when their parents are involved in their school and education. Now, more than ever with the Covid-19 pandemic, parental involvement looks different for every family and is based on many factors.

Although the types of opportunities for involvement may look different - one thing that stays the same is the importance of communication. Staying connected with your child's school experience is important and equally important is that your child see, feel, and know through both action and conversation that you are keeping connected. Whether that means attending parent-teacher conferences, helping with homework, emails with staff, reviewing school correspondence or following the school website and social media - being involved demonstrates to your child that you care.

I would like to take a moment to thank and commend our parents for their extraordinary efforts as in-person classes were cancelled in March. The way our families have rallied together to support learning at home, to provide child-care, and to support one another is absolutely incredible. The COVID-19 pandemic has shown us what we can accomplish when we work together and our families deserve to be commended for their tireless efforts to support students learning at home. The pandemic has certainly caused a variety of stressors to our lives and for our parents who are already juggling many roles and responsibilities - thank you. I recognize and appreciate the time, sacrifice, coordination and effort you have and are all making.

In the next few weeks, schools will be hosting their first School Council meetings of the year. The meetings run once per month and it is a great way to stay connected and have a voice in education. Please check with your local school to learn more about School Council and how School Council will operate this school year.

Your involvement makes a difference and we truly appreciate the important work you do. We believe that PARENTS MATTER and that is why Peace River School Division declared a week to celebrate the important contributions of our parents. Please mark your calendars for November 16-20, 2020 and join in the celebration of parental involvement at your child's school during PRSD's "PARENTS MATTER Appreciation Week."

Wishing you a wonderful school year and thanking you in advance for your involvement and support.

Paul Bennett,
PRSD Superintendent of Schools



Spotlight on Health and Safety

Safety message – PRSD safety protocols and communication

Schools are considered to be the safest places in our communities. However, in reality, an emergency can happen anywhere at any time. It is imperative that our families are informed of various safety protocols and how we will communicate if and when an emergency occurs. This year we have a new challenge to overcome, however we must still meet legislated requirements. To complete our drills we will maintain social distancing and mask requirements to keep our students and staff safe.

Evacuation

- There is a possible danger INSIDE the school. Examples can include fire, chemical spill or gas leak.
- Students will be escorted by staff to a safe location away from the school
- If required, students will be transported to predetermined evacuation centres. Students will be released using student release procedures.
- No one will re-enter the school until the school is safe for re-entry.

Shelter in Place

- There is an ENVIRONMENTAL emergency in close proximity to the school, outside the school on school grounds and/or unrelated to the school. Examples can include; dangerous goods spill, wildlife on the playground or tornado. If the threat is immediate, students and staff will be gathered in to safer spaces, such as away from walls and large vented areas.
- Access to and from the school will depend on the environmental emergency.

Hold and Secure

- There is an emergency situation in close proximity to the school, OUTSIDE the school on school grounds/and or unrelated to the school.
- All exterior doors to the school are locked.
- The school operates as normal inside the school walls. Any outdoor activities, field trips are cancelled.
- As the incident is occurring outside, access to and from the school is restricted and carefully monitored.

Lock Down

- A lock-down protocol is initiated when there is an immediate threat of violence to the students and staff inside the building.
- The main objective of a lock-down is to protect the maximum number of people by getting behind locked doors.
- In a lock-down situation, students and staff will be locked in secure areas and the school will NOT operate as normal. No one will be allowed in or out of the school.

Communication during an emergency

During an emergency, we will make every effort to contact parents directly. Depending on the emergency, it may not be possible to send out information until after the incident has ended. Once it is safe to do so, parents will be contacted through direct phone calls, electronic messages, radio alerts, and website and social media updates. We strongly encourage parents not to come to the school during an emergency unless directed to do so. Although your natural instincts in an emergency may be to go to the school to safeguard your child, please understand that doing so could impede the response to the situation. During any emergency, our first priority is the safety of our students and staff and we work closely with emergency personnel and the appropriate agencies to keep our students and staff safe. Parents and guardians can assist with our emergency planning by ensuring your child's emergency contact information is up to date with the school and transportation office. We also encourage families to follow the PRSD and local school Facebook pages where updates may be posted depending on the emergency.