



PEACE RIVER HIGH
SCHOOL
PEACEHIGH@PRSD.AB.CA

10001 91 AVENUE
PEACE RIVER, AB
T8S 1Z5
[780] 624-4221



OCTOBER 26– PD DAY/NO SCHOOL

OCTOBER 28– PARENT TEACHER CONFERENCES [CALL FOR APPOINTMENT]

NOVEMBER 11 – REMEMBRANCE DAY/NO SCHOOL

NOVEMBER 13– MID TERM MARKS RELEASED

PARENT TEACHER CONFERENCES
WILL BE HELD ON OCTOBER 28 FROM 5–8 PM. PHONE AND
ONLINE MEETINGS WILL ALSO BE AVAILABLE.
PLEASE CONTACT THE SCHOOL
BY PHONE OR EMAIL TO BOOK AN APPOINTMENT.

A Note on SUCCESS



Students have SUCCESS classes that run from 10:12-10:59 each day. Each day has different options available.

Mondays are mandatory for all students to attend their homeroom teachers class for either Health 9, Learning Strategies, or Grade 12 preparation courses.

Tuesday through Thursday, different options might be available to the students for tutoring or catch up, or their teachers might 'lock' them in for a mandatory class or for extra help. For those students that are all caught up, open rooms are available (sometimes even the gym!).

However, it is not a spare block. Students are expected to sign in to a room or will be marked unexcused absent. This will mean an automated phone call at the end of the day unless the parent has called to excuse.

All Jostens (Grad Jewelry Orders)
will be online this year. Order at
jostens.com or call
1-800-567-6742. Ring sizers are
available at the school office to
ensure you order the right size.
Promo code: SAVE20CAD



Just a reminder that Peace River School Division is NOT accepting any bus notes at this time as part of their School Re-entry Protocol



Parent/Teacher Conferences

Peace High will be holding its first set of Parent/Teacher Conferences on October 28th. We are asking that people contact the office to book an appointment. Zoom and phone meetings are available as well.

2020/2021 School Registrations Due



Peace River School Division has introduced our new Online Registration System. We do require a registration form completed every year for each student. This allows us to update information, confirm enrollment and comply with Alberta Education requirements. For returning students, Guardians are emailed a link with a 'snap code' for their students. By following the link, you are able to review the information in our system and make any changes. Please watch your email for this important link. If you have not received your 'snap code' email. Please contact the school.

Peace River School Division will be going to an online payment system to purchase school items and pay any fees or hot lunch cards. We will no longer be accepting cash or cheques from parents/students. You can pay online by using school cash. It's easy and simple to sign up for. Sign up at www.prsd.schoolcashonline.com. Look further down in this newsletter for information on how to sign up.



Website:
www.peaceriverhigh.ca



Contact:
780-624-4221



Email:
Peacehigh@prsd.ab.ca



Good luck to our Football teams that both have games coming up in the next week.

Prospectors are headed to Grande Prairie to take on the GP Broncos on Saturday

Pioneers face off against the St. Joe's Celtics on October 20 also in Grande Prairie



League Play has started for our Volleyball teams. Peace High hosted their Sr. Girls game against Glenmary.

Good luck Nomads!

SCHOOL BUS SAFETY WEEK

"My Driver, My Hero"

October 18-24, 2020

PLEASE JOIN US IN EXPRESSING
GRATITUDE TO SCHOOL BUS DRIVERS
FOR THEIR VERY IMPORTANT ROLE IN
STUDENT SUCCESS AND WELL-BEING.



Ground Level Youth Centre
October 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				01 Art workshop Wisdom seekers- MMIW 4:00-6:00 At mini golf course	02 Get Fit River walk 5:00-6:00 At mini golf course	03 CLOSED
04 CLOSED	05 Dazed and Confused Homework Club Art workshop Wisdom seekers-Tipi Making 4:00-6:00	06 Adulting 101 Safety squad 4:30- 5:30	07 Filling Our Tipi's 4:00-5:30	08 Cultural teachings 4:00-5:00 Cover to Cover 5:30-6:30	09 Myth Busters 4:30-5:30 LEAD 6:00-6:30	10 CLOSED
11 CLOSED	12 CLOSED For Thanksgiving	13 Employment program 4:30-5:30	14 Filling Our Tipi's 4:30-5:30 My Body and Me 6:00-6:30	15 Yoga and Thoughtful Thursday 4:30-5:30	16 Top Chef 4:00-5:30 Get Fit 5:30-6:30	17 CLOSED
18 CLOSED	19 Dazed and Confused Homework Club LEAD 4:00-5:00	20 Employment Program 4:30-5:30	21 Safety squad 4:30- 5:30 Filling Our Tipi's 5:45- 6: 15	22 Cultural teachings 4:30-5:30	23 Game Night 4:00-6:30	24 CLOSED
25 CLOSED	26 Art workshop Wisdom seekers- Rock painting 4:00-6:00	27 Natural World Teachings 4:00-6:00	28 Filling Our Tipi's 4:00-5:30	29 Yoga and Thoughtful Thursday 4:30-5:30	30 Halloween Party 4:00-6:30	31 CLOSED

HOURS: Monday — Friday: 3:30pm – 7:00pm 9718 94th Avenue – Peace River 780-624-2162

Please visit the school website
<http://www.peaceriverhigh.ca> to
check for messages from Teachers,
Superintendent Messages, and
other information. Also, if you **LIKE**
us on Facebook, you can be notified
of special items that may be of
immediate interest.



Just a reminder that
Peace River School
Division is NOT accepting
any bus notes at this
time as part of their
School Re-entry Protocol



Website:
www.peaceriverhigh.ca








Contact:
780-624-4221



Email:
peacehigh@prsd.ab.ca

Hot Lunch at Peace High

Monday	Kita North 	Low Mein Noodles (Veggie), Chicken Fried Rice, Chicken balls OR California Rolls
Tuesday	Baptist Church 	Check Announcements or at the office for availability. Not running at this time
Wednesday	Subway 	6 inch sub and a cookie (veggie, ham, turkey or pizza) add your own sauce and veggies
Thursday	Matt's Pizza 	Cheese, Hawaiian and Pepperoni/Bacon
Friday	TBA 	Check Announcements

Hot lunch available for \$5

**Lunch cards can be purchased on SchoolCash online or debit/tap
as payment options**

<https://prsd.schoolcashonline.com/>

PEACE RIVER SCHOOL DIVISION

STAY AT HOME GUIDE

It's confusing. When should I keep my child home?

The new public health measures for COVID-19 mean students and staff who are showing any signs of illness, must stay home from school. To simplify the '**should I keep my child home**' and 'how long does my child need to stay home' process, we've created a visual guide to help you understand how our schools are making decisions around managing student illness.

My child is sick. How long do they need to stay home for?

Core Covid-19 Symptoms

- Fever (above 38C or 100.4 F)
- Cough (new or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Runny nose
- Sore throat

This is my child. Now what?

If your child has one of the **core COVID symptoms**, they must do the following before returning to school:

- 1) Receive a negative COVID test result and no longer be presenting any symptoms, or
- 2) Stay home for a minimum 10 days (or longer if they still have symptoms).

Other Symptoms

- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)
- Loss of sense of smell or taste
- Conjunctivitis (pink eye)

This is my child. Now what?

If your child has one of the '**other illness symptoms**', they must do the following:

- 1) A COVID test is recommended, but not required. The sick person must stay home and minimize contact with others until feeling better.
- 2) Before returning to school, the sick person must be completely free of all illness symptoms. No student with symptoms will be allowed at school.

How do I get my child tested?

If your child has one or more of the 'core' symptoms we strongly encourage booking them a COVID test. This will speed up the return to school process, as the turn around times for testing are faster than the required 10 day isolation period.

**No official document is required for 'proof' of a negative test result. In a family with more than one child, only the sick child is required to isolate and be tested.*

What about pre-existing medical conditions?

A student who has allergies or other pre-existing medical conditions that cause similar symptoms must get at least one negative COVID-19 test result before returning to school. These symptoms would then be their baseline health status. The student can attend school as long as they stay the same.

What does it mean to stay home and self isolate?

Visit www.alberta.ca/isolation.aspx to learn about how to self-isolate.

COVID-19 ALBERTA HEALTH DAILY CHECKLIST

Overview

This tool has been developed to support activity organizers, employers, businesses and facility operators in reducing the risk of transmission of COVID-19 among attendees/staff. The tool is meant to be used to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should fill out this checklist prior to participating in the activity or program. If an individual answers **YES** to any of the questions, they **must not** be allowed to attend or participate in the activity or program. Children and youth will need a parent to assist them to complete this screening tool.

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

Screening Questions

1.	Does the attendee have any new onset (or worsening) of any of the following symptoms:	CIRCLE ONE	
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ Joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Has the attendee travelled outside of Canada in the last 14 days?	YES	NO
3.	Has the attendee had close contact* with a confirmed case of COVID-19 in the last 14 days?	YES	NO
4.	Has the attendee had close contact with a symptomatic** close contact of a confirmed case of COVID-19 in the last 14 days?	YES	NO

* Face-to-face contact within 2 metres. A health care worker in a occupational setting wearing the recommended personal protective equipment is not considered to be a close contact.

** 'Ill/symptomatic' means someone with COVID-19 symptoms on the list above.



Superintendent's Message Parental Involvement

We know that children experience higher levels of success when their parents are involved in their school and education. Now, more than ever with the Covid-19 pandemic, parental involvement looks different for every family and is based on many factors.

Although the types of opportunities for involvement may look different - one thing that stays the same is the importance of communication. Staying connected with your child's school experience is important and equally important is that your child see, feel, and know through both action and conversation that you are keeping connected. Whether that means attending parent-teacher conferences, helping with homework, emails with staff, reviewing school correspondence or following the school website and social media - being involved demonstrates to your child that you care.

I would like to take a moment to thank and commend our parents for their extraordinary efforts as in-person classes were cancelled in March. The way our families have rallied together to support learning at home, to provide child-care, and to support one another is absolutely incredible. The COVID-19 pandemic has shown us what we can accomplish when we work together and our families deserve to be commended for their tireless efforts to support students learning at home. The pandemic has certainly caused a variety of stressors to our lives and for our parents who are already juggling many roles and responsibilities - thank you. I recognize and appreciate the time, sacrifice, coordination and effort you have and are all making.

In the next few weeks, schools will be hosting their first School Council meetings of the year. The meetings run once per month and it is a great way to stay connected and have a voice in education. Please check with your local school to learn more about School Council and how School Council will operate this school year.

Your involvement makes a difference and we truly appreciate the important work you do. We believe that PARENTS MATTER and that is why Peace River School Division declared a week to celebrate the important contributions of our parents. Please mark your calendars for November 16-20, 2020 and join in the celebration of parental involvement at your child's school during PRSD's "PARENTS MATTER Appreciation Week."

Wishing you a wonderful school year and thanking you in advance for your involvement and support.

Paul Bennett,
PRSD Superintendent of Schools



Spotlight on Health and Safety

Safety message – PRSD safety protocols and communication

Schools are considered to be the safest places in our communities. However, in reality, an emergency can happen anywhere at any time. It is imperative that our families are informed of various safety protocols and how we will communicate if and when an emergency occurs. This year we have a new challenge to overcome, however we must still meet legislated requirements. To complete our drills we will maintain social distancing and mask requirements to keep our students and staff safe.

Evacuation

- There is a possible danger INSIDE the school. Examples can include fire, chemical spill or gas leak.
- Students will be escorted by staff to a safe location away from the school
- If required, students will be transported to predetermined evacuation centres. Students will be released using student release procedures.
- No one will re-enter the school until the school is safe for re-entry.

Shelter in Place

- There is an ENVIRONMENTAL emergency in close proximity to the school, outside the school on school grounds and/or unrelated to the school. Examples can include; dangerous goods spill, wildlife on the playground or tornado. If the threat is immediate, students and staff will be gathered in to safer spaces, such as away from walls and large vented areas.
- Access to and from the school will depend on the environmental emergency.

Hold and Secure

- There is an emergency situation in close proximity to the school, OUTSIDE the school on school grounds/and or unrelated to the school.
- All exterior doors to the school are locked.
- The school operates as normal inside the school walls. Any outdoor activities, field trips are cancelled.
- As the incident is occurring outside, access to and from the school is restricted and carefully monitored.

Lock Down

- A lock-down protocol is initiated when there is an immediate threat of violence to the students and staff inside the building.
- The main objective of a lock-down is to protect the maximum number of people by getting behind locked doors.
- In a lock-down situation, students and staff will be locked in secure areas and the school will NOT operate as normal. No one will be allowed in or out of the school.

Communication during an emergency

During an emergency, we will make every effort to contact parents directly. Depending on the emergency, it may not be possible to send out information until after the incident has ended. Once it is safe to do so, parents will be contacted through direct phone calls, electronic messages, radio alerts, and website and social media updates. We strongly encourage parents not to come to the school during an emergency unless directed to do so. Although your natural instincts in an emergency may be to go to the school to safeguard your child, please understand that doing so could impede the response to the situation. During any emergency, our first priority is the safety of our students and staff and we work closely with emergency personnel and the appropriate agencies to keep our students and staff safe. Parents and guardians can assist with our emergency planning by ensuring your child's emergency contact information is up to date with the school and transportation office. We also encourage families to follow the PRSD and local school Facebook pages where updates may be posted depending on the emergency.