



PEACE HIGH HERALD

Experience the Success

Peace River School Division #10

September 2013

Issue 1



Junior Volley Ball Team – Celebrating Silver Medal at T.A.

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Principals Message

P.1

We started this 2013-2014 school year off here with a lot of energy, thanks to some hard working staff members and a group that likes to call themselves the LOL (League of Leadership). Our first day assembly had an introduction video of all the staff created by Ms. Favreau, and we also had a candle lighting ceremony and music with Omnikin balls flying around! What a great way to start the year! Peace High would like to welcome some new staff to the building as well:

Mr. Hamilton: Social Studies

Mr. White: Science and Physical Education

Ms. Neufeld: General Music and English

Linda Stevens: Project Peace

We also have some great new programs that are starting up this year like Robotics (thank you to the large donation from DMI), Wood Turning and General Music.

It was great to see everyone back on the first day, and we also would like to welcome all of the new students just joining our school community this year. We are off to a great start!

Make sure to check out our new FaceBook page at <https://www.facebook.com/PeaceRiverHighSchool>

Mark Owens
Principal



Superintendent's Message

Welcome students, parents and staff to Peace River School Division to the 2013-2014 school year!

This will be a year of great opportunities for our students, staff and parents as we continue to work together to build an inclusive education system. Every student learns in different ways and has unique talents and gifts. Inclusive education takes responsibility for all students, ensuring each student belongs and receives a quality education no matter their ability or disability, language, cultural background, gender or age.

With a start of a new year and with School Board Trustee elections coming soon, a new online discussion topic has been posted that allows you to influence school and divisional planning. Please take a few moments to log in and share your thoughts on the new question that asks "What are the key priorities or initiatives that **YOU** think that Peace River School Division should address?" Your voice matters and makes our schools the great places they are to learn, grow, work and be!

Parents play an important role in education and we welcome, value and appreciate your involvement and input. We understand that parental involvement looks different based on many factors and will continue to ensure parents are informed of ways they can be involved and are provided the conditions to feel at home in our schools. Our staff are committed and passionate individuals that put student needs first and our schools are families that work together as a team. Whether you are a student, staff member, parent or community member, you are an important part of the Peace River School Division family.

Thank you in advance for your support and commitment to the education of all our students. We hope that you have enjoyed the summer months and wish students, parents and staff all the best in the 2013-2014 school year.

Paul Bennett
Superintendent of Schools
Peace River School Division No. 10

Welcome Back to School



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School Council

We had our first Parent Council meeting on September 25 at 5 pm.

We are always looking for new members that would like to contribute their opinions and ideas to their student's education.

In each meeting we have an update from Administration (principal and/or vice principal), Peace River School Board, teachers on what is happening in the classroom and extra-curricular activities at the school including a review of what the Student's union has planned.

The next School Council will be meeting on October 23 at 5pm at the school. Come out and join us!

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JOIN THE CONVERSATION!

It's the start of a new school year and the Board of Trustees want to hear from you!

What are the key priorities or initiatives that YOU think the Peace River School Division should address?

School board trustee elections are coming soon and your input will better inform the new board while planning for the future.

Be a part of educational planning and decision making - join the conversation!

What do YOU think?

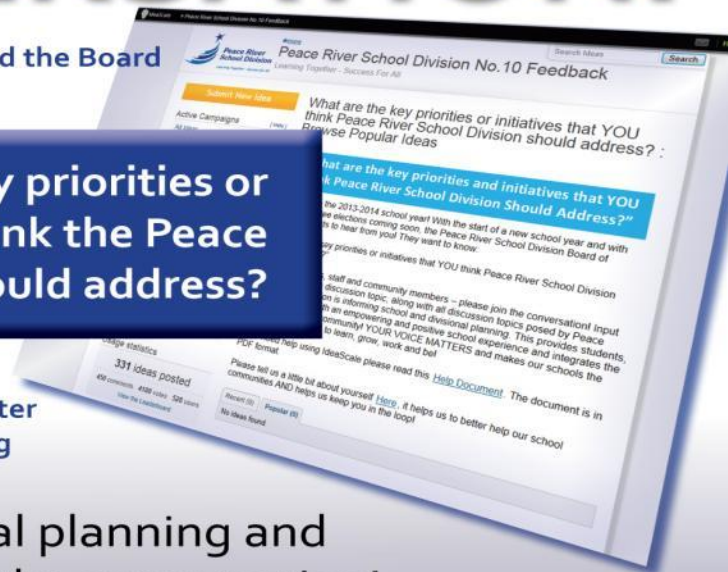


**STUDENT
SUCCESS**

Log in to www.prsd.ab.ca
"STUDENT SUCCESS"
and have your voice heard!



Peace River School Division
Learning Together - Success for All





Scholarships & Student loans

A very comprehensive website for the majority of Scholarships given out in our region (except for the businesses and groups that award scholarships specifically to Peace River and area residents) can be found at: www.pwsb33.ab.ca under students, click on

scholarships.

The following are places families should investigate for funding of all kinds:

- Parent/Guardian places of **Employment/Employment Benefit**. Many larger corporations have scholarships for employee's children. Check with the Human Resource office or Union leadership.
- Memberships or relationships with Service clubs and Associations may provide financial support. (e.g. Legion, Masons)
- Aboriginal ancestry can provide financial funding. Families should check with Band Offices, Metis Councils. Most post-secondary institutions have an Aboriginal Liaison Officer. Please check with Ms. Crumpton for more opportunities.
 - Indian and Northern Affairs Canada <http://pse-esd.aincinac.gc.ca/abs>
 - Metis students should go to www.albertametis.com click on MNA scholarships
 - Treaty students can check out www.naaf.ca and www.ammsa.com/ammsabursary.html#anchor1444318
- Local Governments – some local villages and MD's award scholarships
- Check out the following websites for sources on funding in Alberta:
 - www.alis.gov.ab.ca and link to "Student Finance" (loans) OR "scholarships" provided through the Heritage Trust Fund
 - Information for the Alexander Rutherford Scholarship is found on this site. The deadline to receive the money by September 1st is **May 1st**.
- www.scholarshipcanada.com has a list of over 31, 000 scholarships available. Create your username and search their database of scholarships.
- The federal government site, www.canlearn.ca (link to save/plan/play) offers aid to parents and students on all aspect of careers, postsecondary and funding (national and international).



Graduation 2013

Grad 2014 will take place on
Saturday, June 28th!

We have had our first student organizational meeting and will have a parent meeting mid-late October so please watch for further announcements.

We look forward to getting our planning started early and making this year's graduation a success!



PARENTS! View Your Child's Marks ONLINE!



Parents and Guardians of grades 7-12 students are now able to view marks, assignments and attendance anytime online! Signing up is easy! Go to www.prsd.ab.ca, choose the [HomeLogic](#) quicklink and follow the step-by-step instructions OR if you have a smartphone use the QR code on the right! If you would like help signing up please call the school office—we would be happy to help you!





League of Leadership

The LOLs have kicked off another school year with enthusiasm. Their leadership in the first assembly of the school year brought a special blend of energetic cheering to pump everyone up and composed guidance through the messages of hopes for the year by candlelight ceremony to make us all mindful of what we can strive for.

This terrific example of creative leadership has been noticed! The LOLs will be providing the keynote speaker and an interactive learning's workshop at the Ever Active Schools event for students from across the Peace River School Division in October. Congratulations on this achievement!

Developing leadership skills help young people in their personal development. Increased self-confidence and better communication skills can be gained through involvement in leadership activities.

There are many ways to provide leadership and it takes a variety of personalities and styles to make a great team of leaders who can guide students to get the most out of their school experience. Membership comes with other perks too like student training opportunities and conferences.

The LOLs are looking for new members whether they be loud and lively or quiet and low key so please encourage any and all young people to become members of the League of Leaders.

The LOLs are planning for upcoming events including a school wide effort on October 3rd to encourage participation and teamwork to honour the work of Terry Fox and raise funds for cancer research.

Watch for other upcoming LOL activities coming soon to a classroom, gymnasium or hallway near you.



“The LOLs are looking for new members whether they be loud and lively or quiet and low key so please encourage any and all young people to become members of the League of Leaders.”



Project PEACE welcomes a new Success Coach to Peace High. **Linda Stevens** has come to join our school and our community. With a background in health promotion, community development and child and youth work, Linda looks forward to working with students, parents, teachers and community partners towards making every Peace High student's school experience successful and rewarding. She is happy to talk with you further about Project PEACE and about mental health promotion and can be reached by email at stevenli@prsd.ab.ca or by phone at 780-624-4221.



Thanksgiving Turkey Shoot



THE PEACE RIVER INTERACT CLUB PRESENTS THE
FOURTH ANNUAL TURKEY SHOOT

Proceeds will purchase **LifeStraws** for donation to
international disaster zones

SATURDAY, October 5, 2013

11 am - 3 pm

Peavey Mart Parking Lot

7700 99 Ave, Peace River

*COME ALL FOR A FUN SESSION OF PAINTBALL SHOOTING
AND A CHANCE TO WIN YOUR THANKSGIVING TURKEY*

Traditional Turkey Shoot: Five High Score Prizes to be awarded:

- 1 Turkey Fryer donated by Peavey Mart
- 4 turkeys donated by local grocery stores

Moving Target Challenge: Instant prizes donated by

- The Bargain Shop
- River City Cinema

Raffle Draw prizes: buy tickets to be drawn in November (date TBA)

- Peace Valley Inns Jacuzzi Suite for one night
- Fashion Republic stickers
- Scotiabank (prize TBA)





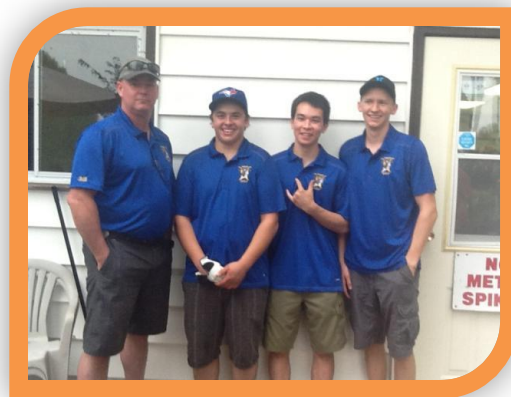
Athletics

Welcome back to another season of Nomad Athletics!

We already have several sports on the go: Volleyball, Football, Golf, Cheer and Cross Country.

Golf:

Our golf team participated in zones on September 16th. Congratulations to Oliver Jung, Cole Diewert, Adam Himer and Coach Sheets.



Cheer:

Our cheer squad has begun practices on Tuesdays and Thursdays at the school and Wednesdays at the new gymnastics facility. The squad is always looking for new members. Please speak to Miss. Favreau if you are interested. They have already had their first performance, cheering on the Pioneers at their home game September 20th.

Football:

The football season began in the California sun this year, with the team travelling around the state to train and play. The team has played two regular season games so far this year, with a win in Whitecourt and a low scoring 10-1 loss to the Comp in their home opener. The team plays in Valleyview on September 27th.

Cross Country:

Coach Harpe and Coach Scott-Wilkes have been actively training with the cross country team in the mornings and after school. Zones for cross country are October 9th in Wanham.



Jr. Girls Volleyball:

The Jr. volleyball season began with a tournament at TA Norris. Our girls fought hard and came back with a silver medal. Their next few weeks are very busy with tournaments at STM in Fairview, SRRA in Spirit River and GPRC in Grande Prairie. Coaches Cloake-Millar, Barré and Bulldog are excited for the rest of the season!



Sr. Volleyball:

The Sr. Boys and Sr. Girls began their season with a tournament in Spirit River. The girls fought hard and got to the Semi-Final and the boys earned silver. In Grande Prairie, they made it to the consolation final and the boys to the bronze medal game. The teams are heading to Spruce Grove on the 27th and 28th of September and then to Whitecourt the 4-5th of October.



Volleyball Tournaments:

We are currently planning three volleyball tournaments. The Jr. Nomad Invitational is the 18-19 of October, and as of press time had 13 boys teams and 19 girls teams. Games start at 1:00 on Friday.

We are also hosting the 2J Girls and Boys zones the 1-2 of November.

Peace Classic rounds out the home tournament schedule for volleyball on the 8-9 of November.

Basketball:

Basketball season will start once the volleyball and football seasons are over. Check around the school for posters and listen to the announcements for details

Twitter Feed:

Please follow us on Twitter [@nomadathletics](https://twitter.com/nomadathletics) for updates on schedules and results!





Project Peace

Mental Health Matters, Every Child Counts!

Grounded in extensive research in youth development, resiliency, and prevention, the **40 Developmental Assets** represent the relationships, opportunities, and personal qualities that young people need in their lives. Studies have shown consistently that the more assets young people have, the less likely they are to engage in a wide range of high-risk behaviors and the more likely they are to thrive. Assets have power for all young people, regardless of their age, gender, economic status, family, or race/ethnicity.

Providing experiences and opportunities for kids and youth that will instill “**positive values, social competencies and a positive identity**” promote the 40 Developmental Assets. Building on these internal assets can easily be incorporated into your everyday relationship with your child.

Every Child Counts!!! No matter how old your child is or what grade they are attending (this applies to our teens just as much as it applies to our little ones), here are some helpful ...

...ways you can continue to help your child discover their strengths...

- Adults discover different abilities through experiences in life such as how to balance work and play, build fulfilling relationships and have self-confidence. Parents can help their children build these strengths by talking about it.
- Encourage your child to discover and get involved in the community. Help them join or volunteer in an organization that they are passionate about. For example, if they love animals, volunteer at the local animal shelter.
- Encourage your child to discover their own school by participating in extra-curricular activities and clubs. This will help them build on their interests, talents and strengths. If the club they want isn't there, help them to initiate a new club!

Encourage your child to discover their own family, and learn how to bring up difficult subject matter. Ask your child who they prefer to talk to about awkward or difficult topics and why. Create a strong support network that encourages openness and trust.

Project PEACE is one of 37 projects in a province-wide Mental Health Capacity Buildings in Schools Initiative. The Initiative is funded by AHS - Addiction and Mental Health, in partnership with Alberta Education and other partners and community agencies. For more information please contact: Linda Srevens, Project PEACE Success Coach at Peace River High School (780) 624 4221 or stevenli@prsd.ab.ca



RANDOMS

Students participating in our first Peace High/Project Peace mini lesson on "A while in my shoes" - The objective of this lesson was:

1. Enhance Student individual awareness of what makes them unique and special through focusing on their individual characteristics and experiences (what makes them who they are?)
2. Increase Student's awareness on the differences and diversity across the students in their school
3. Increase Student actions that acknowledge and recognize other students within the school



Watch For the New Peace High sign that will be soon installed at the base of the hill! Made completely in house!

Check out [PEACE High's FB Page](#) and Like it... Help us grow our audience!!



Math tutoring is available from Monday to Friday in the SGA from 3:30-4:30 pm. A great opportunity for some review with peers - Thanks to Mrs. Castelino and the wonderful math students for helping others out!



What's Happening?

Thank you to the parents and families who participated in the Project PEACE Advise Us Party on September 26th. This event was one of many opportunities to come that will invite our students, our partners and our families to help us well understand how we can support the mental wellness needs of our students through recognizing strengths and building assets. If you would like to share our thoughts and ideas, we would love to hear from you. You can call Linda at 780-624-4221 or email at stevenli@prsd.ab.ca

Peace High will be working through September and into October to recruit, train and match student peer mentors from all grades to connect with other Peace High students as well as elementary students at Ecolé Springfield School.

The Teamwork for Terry event i will take place on Oct 3. The event starts with a fundraising hotdog BBQ and moving in to a series of physical activities that promote teamwork. Students will be seeking pledges for participation to raise funds for cancer research.

Mental Illness Awareness Week is October 6 to 12. Activities to stimulate awareness of mental illness and that promote mental health and wellness will take place throughout the week.

The Ever Active Symposium will invite a number of Peace High students to the Multiplex in Grimshaw on October 23 to enjoy speakers and presentations and to participate in a series of activities to gain information and experience in student leadership.

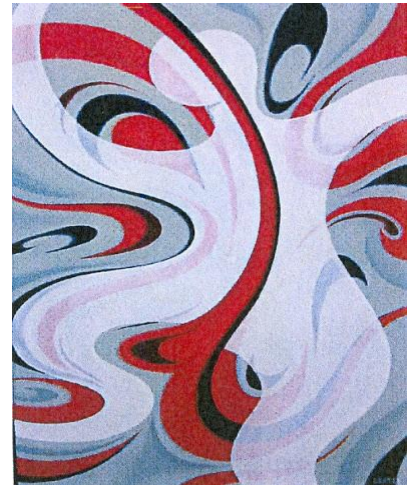


Library Art Exhibit:

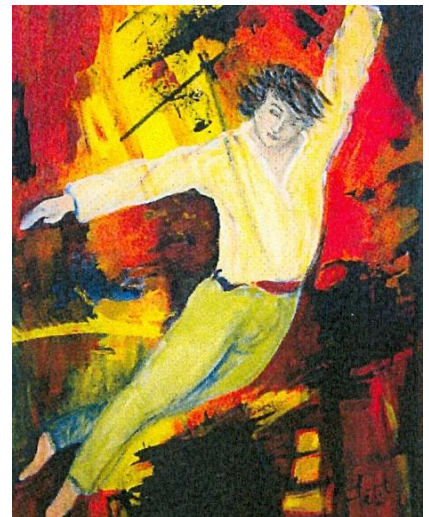
EMPLIR LE VIDE: (FILLING THE VOID)

Courtesy of: Alberta Foundation for the Arts

This exhibition is an eclectic group of paintings, photographic and mixed media works created by Alberta artists that are of French Canadian heritage. The artworks are a celebration of movement expressed through colour, design and subject matter.



Briséé/Broken by Patricia Lortie



Danseur II by Daniele Petit



Our Vision: Preparing Individual Citizens for Tomorrow.

Our Mission: Peace River High School, Experience the Success!

Peace River High School

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<http://www.peaceriverhigh.ca/>