



PEACE HIGH HERALD

Experience the Success

Peace River School Division #10

May – June 2013

Issue 9



SUPPER TROOPERS!

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Principally Speaking

P.1

As we move towards the end of the year it is nice to reflect on some of the tremendous things that happened throughout the school year at Peace High. We have had many positive and successful seasons of Nomad's Athletics from football, volleyball, running, basketball, cheer, badminton and track and field. We have seen students recognized for their talents in academics, art, athletics, music and speech. There have been new programs start within the school such as Adopt a Nomad and Gamers club, and programs such as Interact, travel club and student's union continue to grow.

Looking back throughout the year I know that we can say that there were hurdles that needed to be overcome, but also that we have made positive memories that will last a lifetime. On behalf of the Peace River High School community, I would like to wish everyone a wonderful, relaxing and safe summer!

Mark Owens
Principal
Peace River High School



Superintendent Message - *Thank You!*

As the school year nears completion, I would like to take this opportunity to thank you for your valuable contributions during the 2012-2013 school year.

To our students, thank you for your dedication to your education, your contagious enthusiasm, your energy, creativity, innovative ideas and for being such positive members of your community and society as a whole. To our graduates, you did it! Congratulations on this great achievement and best wishes in all your future plans. Remember, you are the creator of your dreams and no dream is too big – fly high!

To our parents, thank you for your support and involvement. Parents play such a large role in education and we value all that you do. Whether you volunteer at the school, attend events, participate in parent teacher conferences, are a member of School Council, keep in contact with school staff or help your child with their homework and career planning, your contributions make a difference. We look forward to celebrating you again in November 2013 during PARENTS MATTER Appreciation Week.

To our staff, thank you for your dedication and commitment to provide students with the best educational experience possible. Your creativity and innovative ideas make our classrooms engaging, relevant and interesting for students. Education has experienced many changes and I feel incredibly proud of you for your versatility, focus and endurance during times of change. It is heartwarming to see the sense of family throughout the division and we thank you for the support you provide our students, parents, and fellow staff members.

To our community members and organizations, we are very grateful for your involvement and participation in our schools. Your involvement demonstrates the importance of community and teamwork for our students. We are very thankful for your time spent volunteering, collaborating and forming partnerships throughout our school division that bring increased opportunities for students.

Students, staff, parents, community members and businesses, you are all an important part of the Peace River School Division family and we thank you for your contributions that make our schools the great places they are to learn, grow, work and be. Have a great summer!

Paul Bennett
Superintendent of Schools
Peace River School Division No. 10



Featured this month:

DO NOT FORGET TO APPLY FOR THE SUPERINTENDENT AWARD!!

DEADLINE: JUNE 26

Did you know that your student's hard work can be rewarded in the form of cash??!

The Peace River School Division created the Superintendent Award to encourage students to take more classes during their high school years and to provide an opportunity for scholarships to students who may not meet the academic level for other scholarships but still demonstrate a strong work ethic and character. The scholarship is paid directly to the student in October after their graduating year.

How much could be earned??

The Superintendent's Award is based on the total number of credits earned in a maximum of seven semesters. Scholarships will be awarded based on the following grid:

120 - 129 credits = \$500

130 – 139 credits = \$750

140 + credits = \$1000

What are the eligibility criteria??

A student must meet the Alberta Education Diploma Requirements, achieve a minimum of 120 credits with a 60% minimum average and complete at least 4 semesters (including their senior year) in Peace River School Division.

What is the application process??

Grade 12 students must provide a properly formatted cover letter and graduation picture to the principal by June 26, 2013. Please see Mr. Pobuda for all the details!

School Council

With the year coming to a close, the School Council had their last joint council meeting with TA Norris and Springfield School Councils, with the highlight being a presentation on self-harm from one of our own Peace High students. We are very proud of our student, who had the courage to step up and tell us her story, and with the help of Kim Silverthorn (Project Peace) had some tips for parents that may be dealing with similar situations. What a great way to finish the year!

For minutes from the last school council meeting, please check [the Peace River High School Website](#).



The Peace High Student's Union would like to celebrate the success of their second annual talent show that happened in May in the gym. We had acts such as singing, playing instruments, beat boxing and even riding a unicycle! The group is now focused on preparing for their year end BBQ and possible water fight to finish the year with a bang! Thanks to all the students for their work in Student's Union this school year.



Graduation 2013

Thank you to our families and local businesses that help students achieve their goals of attending post-secondary. They include the Fred West Family, James Bowman Family, Pratt Family, Peace River Construction Association, Merit Contractors Association, Shell Canada Peace River, Peace Valley Inns, Mighty Peace Petroleum Association, and Peace River High School.

A big congratulation to the winners of the following scholarships at this year's graduation celebration:

James Bowman Handyman Award: Scott Alcorn

Carolyn Pruyser Friendship Award: Brianna Lorentz

Fred West Memorial Scholarship: Kennedy Millar/Sophia Millar

Peace Valley Inns Achievement Award: Sophia Millar

Outstanding Student Award: Brianna Lorentz

Outstanding Art Student Award: Leah Lawton

Peace River Construction Scholarship: Jaden Ives/Scott Alcorn

Larry Pratt Scholarship: Birken Butte

Valedictorian Award: Kennedy Millar

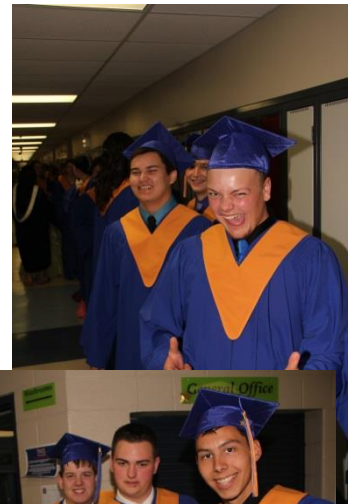
Most Improved Grade 12: Jaden MacMillan

Merit Contractor's Award: Mathieu Poirier

Grade 12 Male and Female Athletic of the Year: Scott Alcorn/Sophia Millar



Graduation 2013 (Work In Progress)





2013 FAMILY SUMMER WELLNESS

- EAT RIGHT AND KEEP FIT
- MAKE TIME FOR FAMILY AND FRIENDS
 - TAKE A TIME OUT FOR YOURSELF
- GET SOME SUNSHINE AND LOTS OF FRESH AIR
 - TAKE A WALK IN THE PARK
 - GO FOR A PICNIC
- LIMIT SCREEN TIME IN FRONT OF ELECTRONICS
 - LAUGH AND PLAY

The “Kool-Aid” of a Loving Family

4 cups Love

2 cups Loyalty

3 cups Forgiveness

1 cup Friendship

2 tbsp. Kindness

2 tbsp. Hope

2 tbsp. Tenderness

4 quarts of Faith

1 barrel of Laughter

5 tbsp. Understanding



Take love and loyalty, stir with faith. Blend it with tenderness, kindness and understanding. Add friendship and hope. Sprinkle abundantly with laughter. Drink daily with generous helpings. Serves one entire family forever

Anonymous

Project PEACE is one of 37 projects in a province-wide Mental Health Capacity Building in Schools initiative. The initiative is led by the AHS – Addiction and Mental Health in partnership with Alberta Education and other partners and community agencies, with funding from Alberta Health and Wellness.

For more information, please contact: **Kim Silverthorn, Project PEACE Youth Support Worker** at (780) 624-4221 or silvertk@prsd.ab.ca. You can also visit our website at www.projectPEACE.citymax.com



Celebrating Education Week

Peace High capped Education week off with a school lunch that featured a wonderful meal prepared by our own Terri-Lynn Bulldog of ham, potatoes and corn. During lunchtime staff and students sat together for lunch in the Student Gathering Area and admired the presentation of student work that was displayed. Displays included a number of Art and Fashion projects that students had completed as well all of the academic and athletic awards. What a great way to end the week with a social gathering all together to celebrate what we do here at Peace River High School.



FUN WITH MATH!



James Tanton, a research Mathematician from Washington, D.C visited Math 10C class on May 16th. Teachers from various schools as well as students had great fun with Math.



RANDOMS!



Hand Games!



Sweat Lodge



RCMP Presentation



Cheer Team



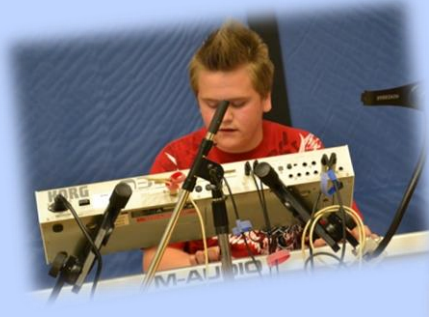
Adopt a Nomad



Talent Show



Zone Track 3





Athletics

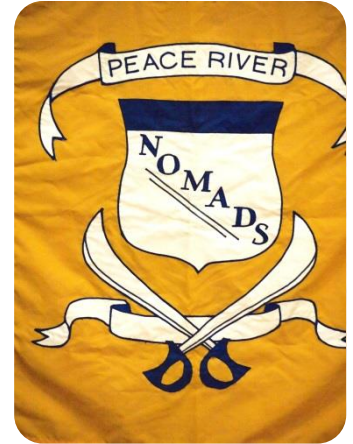
The Athletic Season for the 2012-2013 season is drawing to a close. Great work to all of the student-athletes and to the coaches for their successful seasons!

Volleyball:

Volleyball is warming up for next year. If you are interested in being a part of next year's volleyball teams, listen for announcements regarding training times for Sr. boys and Sr. girls.

Track and Field:

Track and Field had a short but successful season, with many athletes competing in regionals and zones. Congratulations to Lowell Thompson for qualifying for Provincials! Thanks to Mrs. Scott-Wilkes, Miss. Barre and Mrs. Harpe for their time and effort organizing track.



Student-Athlete Recognition Evening





Project Peace

Happy Summer Holidays!!!

Congratulations to our Grade 12 grads! These kids have grown into incredible, mature adults – and we wish them well as they prepare to launch into the newest stage of their life's journey!! You have made us all VERY proud, here at Peace High!

The **Super Troopers** returned from a fabulously energizing Leadership Conference at the end of May – and they bring with them a ton of new ideas! They will be kick starting some of these new concepts over the next few weeks and they have prepared a truly spectacular start to next year – it's gonna blow your mind! Our year end **Parent Appreciation Event** will be happening on June 5th, before school in the parent drop off area! This year's **Final Assembly** promises lights and music and high energy fun that guarantees laughter for all! And the Super Troopers will be hosting our first **BYOB Event** at Peace High (bring your own banana, and they will make you an ice cream sundae with all the toppings!!)

Next year, the Super Troopers will have a new name – they will be known as **the LOL's** (League of Leadership) – and **they want YOU!!** If you have an interest in making our school fun and entertaining, if you want to celebrate every student who attends Peace High, and if you have positivity and enthusiasm to share – then come on out and join the LOL's!! **Help blow the socks off of this school!!**

"Working together to help youth and their families with the challenges of life"

**Peace High Project Peace Worker - Kim
780-624-4211**

The **Super Snacks Program** will be running again during exams! Watch for posters around the school that highlight tips and tricks for doing well on any exam – help decrease your stress during this exhausting time of the year – and enjoy healthy, nutritious snacks that will power up your memory before every exam!!

The **3rd Annual PRIDE Parade** is happening on June 15th – activities begin at 11:00am at Riverfront Park (poster making and face painting) – the **Parade starts at noon** – there will be a **free BBQ and live music** after the parade (1:00pm) – a **free movie** at the theatre (4:00pm) – and then a **dance party** happening at Java Domain (6:00pm)! This is a fantastic opportunity to come out in support of anyone who is unique – and really, isn't that each and every one of us??!!

And on a personal note, I want to say thank you – to all of the students, staff, parents, and community members who have helped make my 6 years at Peace High so incredibly amazing! It is hard to say goodbye to you all – some of the best experiences I have ever had have been through this job - I will always have a piece of this place in my heart! Remember to take care of one another – and to stay in balance within yourself!! (Don't let your tires go flat! LOL)



What's happening in Summer?

Steve Nash Basketball Camp: Grades 7-10

Hosted at Glenmary School July 1-5.

Call Jordan at 618-2406

Kids In Motion Program

For Spruce Court and area. Starts July 9th

Tues, Wed and Thurs 1 to 3:30pm.

Impact Volleyball Camp: Grades 7-12

www.impactvolleyballcamp.com

July 29 to August 2 at Peace High

Discover-E Camp

<http://www.discover.ualberta.ca/> or call 780-492-8779

August 6 to 9 at TA Norris School - 9am to 4pm

Extreme Adventure Program:

Ages 10 to 16. Contact FCSS at 624-1000

Peace River Municipal Public Library

Weekly activities for all ages!

Contact 780-624-4076

Peace River Regional Pool

Public Swims daily!

Contact 780-624-3720 (Call for times)

Summer Fun Program: Ages 6 to 10.

Contact FCSS at 624-1000



MAY 2013 LIBRARY ART EXHIBITION

Exhibition courtesy of the Alberta Foundation for the arts Travelling Exhibition Program

Wild Thing!

Like all genres of artistic examination, the visual renderings of animals reflects the various artists styles practiced by artists. From realistic representations to abstract impressions, the artists in the exhibition Wild Thing! have pursued the wild things of Alberta and beyond, capturing them in a variety of manners, with a diversity of materials, and for a multitude of reasons.



Image credits:

Fox, 1971
Vivian Lindoe

Antelope Does, n.d.
Illingworth Kerr

Dolly-Divide Pass, 1991
Maureen Enns



Our Vision: Preparing Individual Citizens for Tomorrow.

Our Mission: Peace River High School, Experience the Success!

Peace River High School

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<http://www.prsd.ab.ca/ph/>